

Obsessive-compulsive Disorder 1994 early intervention helps kids who need treatment clarifies a headline in usa today the nation s no 1 newspaper in an article about obsessive compulsive disorder ocd this neurobehavioral disorder affects millions of people who display ritual behaviors that they can t stop doing such as washing their hands repeatedly pulling their hair or worrying obsessively about small things many people with ocd realize their behavior doesn t make sense but they or their families may not know how or who to ask for help in this book you ll read case studies of people with ocd and learn about how they received help to manage their disorder through medications and cognitive behavioral therapy you ll also find basic information about symptoms diagnosis treatment and support to help you understand how you your friends and your family can manage this disorder

Obsessive-Compulsive Disorder 2011-01-01 obsessive compulsive disorder ocd can be a strong disorder and the tendencies pertaining to it can be challenging to manage but if we learn to comprehend what it means what the symptoms are and what its main roots are we will be better at handling the effects of it furthermore symptoms can be treated and people who have it can be cured in this book the author gives his audience some valuable insights as to how to do that you will listen to the most usual symptoms of obsessive compulsive disorder the explanation and description of ocd biological mental and environmental causes more about treatments medication and solutions brain science and neural background information about the disorder ways to handle those who show symptoms of ocd whether they are kids or adults and much more

OCD 2019-02-08 arguably one of the most complex emotional disorders obsessive compulsive disorder is surprisingly common furthermore most people at some time in their lives exhibit a smattering of ocd like symptoms obsessive compulsive disorder for dummies sorts out the otherwise curious and confusing world of obsessive compulsive disorder engaging and comprehensive it explains the causes of ocd and describes the rainbow of ocd symptoms the book shows readers whether ocd symptoms represent normal and trivial concerns for example a neat freak or something that should be checked out by a mental health professional for example needing to wash hands so often that they become raw and red in easy to understand steps the authors lay out the latest treatments that have been proven to work for this disorder and provide practical and real tools for living well long term whether you or someone you care about has this disorder obsessive compulsive disorder for dummies gives you an empathic understanding of this fascinating yet treatable mental disorder

Obsessive-Compulsive Disorder For Dummies 2008-11-24 as many as 1 in 30 adults and 1 in 100 children currently suffer from obsessive compulsive disorder it is much more common than was previously thought with up to 2 million people being affected in the uk sufferers experience intrusive thoughts and anxieties resulting in compulsive behaviour that can seem bizarre to those that have no experience of the disorder why would someone feel compelled to touch the four walls of a room in a clockwise fashion as soon as he enters it why would someone look at an object 3 times with his right eye followed by his left eye ocd sufferers are aware that these rituals are excessive and irrational but they cannot control their behaviour they are plagued by intrusive thoughts that they cannot banish from their mind and are often tormented by these thoughts which they find profoundly disgusting or upsetting the cause of ocd is still not known but it does appear to run in families and can occur together with other disorders such as depression anxiety disorders eating disorders and tourette s syndrome dr frederick toates an experimental psychologist relates his own experiences of obsessional neurosis and his successful quest for a cure in th

Obsessive Compulsive Disorder 2002 obsessive compulsive disorder comorbidity

Obsessive Compulsive Disorder and Comorbidity 2006 although obsessive compulsive disorder ocd has been known since the ancient times the exact etiology and pathogenesis of ocd unfortunately still remain unknown in addition the therapeutic approaches elaborated for the treatment of ocd as a whole are not perfect and this disorder as a rule is characterized by unfavorable course and lack of full therapeutic response in the current book some modern data on pathogenesis phenomenology and treatment of ocd are presented besides the data on co morbidity of ocd with other neurological and psychiatric disorders are also included this book is intended for broad circle of readers but mostly for psychiatrists psychologists and neurologists

Obsessive-Compulsive Disorder 2014-04-03 obsessive compulsive disorder ocd affects roughly six million americans its symptoms ranging from repetitive handwashing to preoccupation with sexual religious or aggressive impulses wreak havoc in people s lives and often cause severe emotional and economic loss this sensitive and insightful book the result of the authors years of research and experimentation is a much needed survival manual for ocd sufferers and the families and friends who share their pain with answer to the 100 most often asked questions this classic work combines the latest in scientific

knowledge with supportive case histories and practical suggestions for help and offers new hope to those touched by this insidious and widespread malady

Over and Over Again 1997-07-29 obsessive compulsive disorder ocd is a complex set of thoughts and behaviors that can vary greatly from person to person and can be related to and complicated by a wide range of other disorders clinicians are confronted with the challenge of accurately classifying its many variants and developing effective systematic treatments for them some believe that ocd and related problems should be treated as subtypes of one condition others argue that ocd is composed of a spectrum of many similar conditions that should be treated individually in this handbook jonathan s abramowitz dean mckay and steven taylor present an approach to diagnosis and treatment that considers subtype and spectrum concepts they examine specific presentations of ocd the symptoms that are often seen in practice as well as the many disorders that may fall within the ocd spectrum for each symptom and putative spectrum condition they discuss empirical support theories of etiology and treatment issues the volume covers cognitive behavioral and biological factors as well as the latest approaches to psychological and pharmacologic therapy including complicating factors in treatment in concluding chapters the authors critically address the current literature on proposed subtype and spectrum disorders consider the clinical implications of the literature and map out a comprehensive integrated approach for understanding ocd and related conditions the only work on ocd that covers treatment options for specific symptoms and the full spectrum of related disorders this handbook is a must have for clinicians who are dedicated to improving the lives of patients with these challenging mental conditions

Clinical Handbook of Obsessive-Compulsive Disorder and Related Problems 2008 this is a 2 book combo which has the following titles book 1 obsessive compulsive disorder is quite common it is one of those things that you should know more about because there might be someone in your life who has it the condition has pros and cons but if you don't know about any of those life can be tough in this book we'll touch on the nature of obsessions how they are different from compulsive behavior and which similarities they show additionally the biological and environmental causes of this disorder will be highlighted in the end chapter some solutions to managing its symptoms will be given book 2 if you think you have obsessive compulsive disorder or if someone else has it this book is for you or perhaps you want to just learn more about it either way your knowledge will increase by going through this concise guide this book focuses on ways to help people with the disorder as well as on methods to handle compulsive tendencies the last and longest chapter of the book goes over a number of questions and answers about children with the disorder questions that have been common in the community there is a lot of great material in here i invite you to give it a try

OCD 2020-09-01 few syndromes in psychopathology generate as much popular curiosity and clinical exploration as does obsessive compulsive disorder ocd since the 1970s research on ocd has increased exponentially specific advances include an improved grasp of the heterogeneity of the disorder identification of putative subtyping schemes and the development of increasingly sophisticated theoretical models of the etiology and maintenance perhaps most importantly research has led to advances in treatment and whereasthe rstinetherapies cognitive behaviortherapyandserotonergic medication are not entirely effective for every sufferer they have transformed ocd from an unmanageable lifetime affliction into a treatable problem that need not reduce quality of life despite the aforementioned advances there have emerged a number of sharp disagreements concerning ocd differences have surfaced over phenomenological issues etiological models and approaches to treatment and often occur but not exclusively along disciplinary lines between biologically oriented and cognitively behaviorally oriented authorities for example medical approaches posit that abnormal biological processes cause ocd whereas psychosocial formulations emphasize the role of learning and dysfunctional cognitions yet because theoretical conjecture and empirical findings from within each tradition are typically addressed toward distinct and narrow audiences clinicians researchers and students with broad interests are hindered from gaining a clear grasp of the diverse and sometimes polarized perspectives

Concepts and Controversies in Obsessive-Compulsive Disorder 2006-11-22 obsessive compulsive disorder is a relatively common psychological problem whose symptoms may include repeated checking excessive hand washing or other cleaning rituals extreme slowness or unwanted repugnant intrusive thoughts in some the disorder can seriously affect everyday life in this book the authors have drawn on their clinical and research experience to give a lucid account of the nature of obsessive compulsive problems the book is intended for those who have this disorder as well as their family and friends it will also appeal to the general readers interested in finding out about the disorder it gives up to date information about the nature symptoms causes and theories of obsessive compulsive disorder the book also discusses the treatments that are available and provides valuable practical advice to

those who may need help numerous case histories are given throughout the book highlighting various aspects of the disorder and its treatment

Obsessive-compulsive Disorder 2004 discusses obsessive compulsive disorder in teenagers including its symptoms causes and treatments

Obsessive-Compulsive Disorder 2008-08-15 obsessive compulsive disorder etiology phenomenology and treatment provides an introduction to the fascinating world of those with problematic obsessions and compulsions some of the world's leading researchers and clinicians contribute chapters to this volume which covers everything from the causes of ocd to how it manifests across different cultural settings to evidence based treatments both new clinicians and those experienced with the disorder will find useful information inside as will those seeking to learn more for themselves or their family members caleb w lack is a clinical psychologist and associate professor of psychology at the university of central oklahoma he specializes in training others in evidence based treatment of mental health problems lack has assembled a terrific volume on ocd that is concise yet thorough a must read for students clinicians and researchers every chapter of this book is clearly written and the authors stick to the most up to date scientifically supported knowledge the chapters on symptom dimensions in ocd and cultural manifestations of the disorder are highlights and make this book unique it will occupy a prominent place on my bookshelf and become required reading for my students jonathan s abramowitz university of north carolina at chapel hill

Obsessive-Compulsive Disorder 2015-02-14 this book depicts the lives of people with ocd based primarily on interviews with those who have the disorder this book follows them from when they first started to believe they had a problem all the way to life after treatment

The World of Obsessive-Compulsive Disorder 2022-01-11 while not intended as a substitute for psychiatric or psychological treatment by a qualified mental health professional this workbook helps guide readers through the steps toward controlling obsessive compulsive disorder

The Ocd Workbook 2009-09-14 this book is the first to bring together new research to offer a hands on clinical guide to treating people with all types of obsessive compulsive disorder ocd using an inference based therapy ibt provides clinical examples from the full range of ocd subtypes coverage integrates theory and application describes case management in detail from initial assessment to terminating therapy and follow up shows how ibt can also be generalized and applied to other serious psychiatric disorders

Clinician's Handbook for Obsessive Compulsive Disorder 2011-12-12 obsessive compulsive disorder ocd is one of the more complex and difficult mental disorders to diagnose and treat treatment of this condition is complicated by the fact that ocd shares symptoms with other major neuropsychiatric disorders such as schizophrenia as well as a spectrum of related disorders such as hypochondriasis eating disorders and tourette's syndrome based on extensive clinical experience with more than 2 000 patients and exhaustive literature reviews obsessive compulsive disorder spectrumpresents a comprehensive examination of ocd its related disorders and their treatment regimens in this book drs yaryura tobias and neziroglu propose a unique theory for ocd that defines the condition as a complex phenomenon of unknown duration with a variable symptomatology that affects the individual's cognitive behavioral biological and social well being they argue that ocd is not a single clinical entity but part of a continuum of related disorders previously considered to be separate as a result the authors advocate an integrated approach to treatment including family intervention cognitive behavior therapy and pharmacotherapy

Obsessive-compulsive Disorder Spectrum 1997 bad thoughts that won't go away repetitive actions feelings of guilt and shame are you overwhelmed by a need to get it right do continual what ifs prevent you from making decisions do you check again and again to see if the door is locked are your thoughts and habits causing you anxiety guilt or shame if so you're not alone you may be suffering from obsessive compulsive disorder a very specific and largely biochemical problem that affects over 5 million americans now this compassionate informative guide helps you break the tyranny of obsession and compulsions providing the latest facts on why ocd occurs its symptoms and the breakthrough treatments that can dramatically improve the lives of ocd sufferers find out about how to determine if you have ocd and whether your problem is severe enough to warrant professional help how diet stress and other lifestyle conditions can trigger the symptoms of ocd the two most highly effective forms of treatment and how to decide what's best for you the latest news in alternative therapies including yoga biofeedback and herbal therapy plus cutting edge research that promises freedom from the chains of ocd forever

Why Does Everything Have to Be Perfect? 2009-09-30 drawing upon extensive interviews and assessments of school age children who have lost a parent to death this book offers a richly textured portrait of the mourning process in children the volume presents major findings from the harvard child

bereavement study and places them in the context of previous research shedding new light on both the wide range of normal variation in children's experiences of grief and the factors that put bereaved children at risk the book also compares parentally bereaved children with those who have suffered loss of a sibling to death or of a parent through divorce exploring similarities and differences in these experiences of loss a concluding section explores the clinical implications of the findings and includes a review of intervention models and activities as well as a screening instrument designed to help identify high risk bereaved children

Obsessive-Compulsive Disorder 2001-10-31 written by prominent ocd specialists this volume provides practical step by step descriptions of psychological approaches to treating ocd practitioners experienced in treating this disorder will appreciate the discussion of more advanced issues including dealing with treatment resistance and comorbidity and treating ocd in special populations

Psychological Treatment of Obsessive-compulsive Disorder 2007 clinical obsessive compulsive disorder ocd is distinguished from normal obsessions and compulsions primarily by the frequency and intensity of the symptoms and the extent to which they interfere with daily functioning in this book the authors present current research in the study of the symptoms prevalence and psychological treatments for ocd topics discussed include the role of comorbid personality disorders cpds in obsessive compulsive disorder ocd the adaptive significance of and natural expression of obsessive and compulsive like symptoms ocd in children cognitive techniques for ocd treatment the dimensionality of ocd symptoms internet based cognitive behaviour therapy for ocd the phenomenology correlates and psychosocial impact of obsessive compulsive love the importance of quality of life in patients with ocd and an investigation into the dimensions of ocd symptoms in patients with tourette syndrome

Obsessive-compulsive Disorder 2014 obsessive compulsive disorder ocd is a relatively common psychological problem the symptoms which can be seriously disabling in extreme cases can include excessive hand washing or other cleaning rituals repeated checking extreme slowness and unwanted repugnant intrusive thoughts this book covers the nature symptoms causes and theories of ocd it discusses the treatments that are available and provides valuable practical advice to those who may need help numerous case histories are given throughout the book highlighting various aspects of the disorder and its treatment there are in depth sections on scrupulosity culture and ocd mental pollution ocd in children and on the similarities and differences between childhood ocd and autistic disorder this fourth edition has been updated with succinct explanations of recent research information on treatment advances and the recent expansion of treatment services for anxiety disorders including ocd in the nhs in this updated fourth edition stanley rachman gives a clear account of the nature of obsessive compulsive problems which will prove useful for sufferers and their families as well as general readers interested in finding out about the disorder

Obsessive-Compulsive Disorder 2009-03-25 take action against compulsion now can't control your random impulses can't hold back from acting out on your regretful urges can't resist repeating embarrassing behaviors in front of others can't block unpleasant intrusive thoughts from coming into your head can't stop feeling abnormal as a result of any of these habitual conditions don't worry you're not the only one living day to day with compulsive behaviors every year in the united states alone 2.2 million people are affected by obsessive compulsive disorder ocd the mental disorder responsible for such compulsive behaviors stemming from repetitive thoughts in actuality we all have some varying degree of compulsion ranging from usually minor to rarely the most extreme it is often a response to dealing with stress anxiety depression phobia and other human emotions in either easing a pain or reaping a pleasure to override the pain the problem however surfaces if compulsion gets to the point of obsessive behaviors where they regularly and negatively make life a nuisance to you or those around you causing you to feel ostracized and further isolated these obsessive behaviors include but not limited to constantly washing your hands due to contamination concern checking locked doors with anxiety of break ins and needing things to be arranged in a specific orderliness those obsessions are not uncommon to ocd suffers luckily there is hope for anybody who wants to overcome their obsessive compulsive behaviors bulletproof mentality for anti compulsion will help you with how to manage ocd around things and people you come in contact with daily how to remove ocd triggers responsible for offsetting your compulsions how to substitute compulsive behaviors for beneficial alternative ones how to divert unwanted intrusive thoughts from entering your mind how to reduce the symptoms arising from uncontrollable impulses including many more even though ocd may not seem fully curable according to conventional medicine that doesn't mean those who have it must struggle and suffer with it with anti compulsion any compulsion you may have will become far manageable and can even be eliminated it's time to gain back full control of a normal life

Anti-Compulsion 2021-02-26 obsessive compulsive disorder affects approximately one person in 40 and causes great suffering effective treatments are available that can help many and our understanding of the psychology neurobiology and clinical treatment of the disorder has advanced dramatically over the past 25 years nevertheless much remains to be learned and a substantial minority of patients benefit little even from the best treatments we have to offer today this volume provides the first comprehensive summary of the state of the field summarizing topics ranging from genetics and neurobiology through cognitive psychology clinical treatment related conditions societal implications and personal experiences of patients and clinicians this book is unique in its comprehensive coverage that extends far beyond the realm of cognitive behavioral therapy as such it will serve as a valuable introduction to those new to the field a fascinating resource for ocd sufferers and their families and an essential reference for students clinicians and researchers

Obsessive-compulsive Disorder 2017-09-12 first published in 2002 obsessive compulsive disorder ocd and tourette s syndrome ts are treated together in this volume because symptoms of each often co occur and because there are substantial overlaps in genetic risks and possibly in the neurobiology underlying these disorders

Obsessive-Compulsive Disorder and Tourette's Syndrome 2022-04-18 obsessive compulsive disorder can be a very disabling and distressing problem cognitive behavioural therapy cbt has been shown to be very effective in helping people to overcome ocd this book provides the reader with an understanding of the background to and principles of using cbt for ocd in a clear practical how to style

Cognitive Behaviour Therapy for Obsessive-Compulsive Disorder 2017 recent advances in behavioral and biological treatments have raised the hopes and expectations of patients and clinicians alike in regard to obsessive compulsive disorder one of the most disabling crippling and resistant conditions in psy chiatry in addition to their therapeutic efficacy these new treatments have also opened new conceptual perspectives thus complementing the traditional psychological theories of obsessive compulsive disorder therefore it is timely for these various conceptual frameworks and the treatment modalities they engender to be integrated and synthesized in the pres ent volume to this end eminent scholars in their respective areas were invited to contribute to this book which we hope will symbolize and in some measure actualize the spirit of collaboration required if we are to fully comprehend the com plex nature of this disorder as well as to address existing ther apeutic challenges in chapter 1 rachman sets the stage by providing an overview of the conceptual and therapeutic issues of obsessive compulsive disorder this is followed by an in depth review of the behavioral interventions from which foa vii viii preface and colleagues successfully distill the specific therapeutic processes of exposure and response prevention in the third chapter sifneos deals with the psychodynamic factors under lying obsessive compulsive phenomena and details his in novative technique of brief anxiety provoking psychotherapy aimed specifically at the obsessional state

Obsessive-Compulsive Disorder 2013-06-29 obsessive compulsive disorder has been called the hidden epidemic only a very few of the many people who have it reveal their condition ian osborn is one of those who suffers from ocd and his personal experience imbues this book with an exceptional clarity and understanding dr osborn discusses the various forms ocd takes and using the most common focuses of obsession presents detailed and dramatic cases whose objects are filth harm lust and blasphemy he explains how the disorder is currently diagnosed and how it differs from addiction worrying and preoccupation he summarizes the recent findings in the areas of brain biology neuroimaging and genetics that show ocd to be a distinct chemical disorder of the brain he contrasts ocd with other ocd spectrum disorders such as anorexia nervosa and hairpulling and he provides a historical overview that traces the development over the centuries of both behavior therapy and medications

Tormenting Thoughts and Secret Rituals 2013-08-07 the ailments and conditions that afflict people today can be confusing disturbing and painfulboth emotionally and physically the perspectives on diseases and disorders series provides clear careful explanations that offer readers and researchers insight into what these conditions are what causes them how people live with them and the latest about treatment and prevention all volumes in the series include primary and secondary viewpoints bibliographies detailed indexes and lists of organizations to contact for additional information book jacket

Obsessive-compulsive Disorder 2010 this program has at its foundation the use of ritual prevention and prolonged actual and imaginable exposure exercises therapists will learn the best methods for assessing ocd and formulating a treatment program tailored to their client s particular ocd symptoms sample lists of exposure items are provided for fear of contamination fear of supernatural harm and fear of causing harm to self and others by acts of negligence this therapist guide is designed to help psychotherapists in assessing and treating obsessive compulsive disorder ocd it is divided into three

sections in the first section a summary of the symptoms of ocd and methods for assessing the disorder are presented in the second section the relative efficacy of the available treatments and how to arrive at treatment recommendations for individuals with ocd who seek treatment are discussed in the third section a guide to cognitive behavioral treatment by exposure and ritual prevention is provided also in this section the components of the treatment procedures whose efficacy has been experimentally documents are described and illustrated as well as those aspects of their practical application that inhabit experimentally uncharted territory of clinical wisdom and artistry

DSM-5 □□□□□□□□□□□□□□□□ 2014-06 this book will provide mental health professionals of all levels of experience and graduate level tertiary students of mental health with an evidence based practical guide to the treatment of obsessive compulsive disorder back cover

Mastery of Obsessive-Compulsive Disorder 2004-11-11 researchers and clinicians working with obsessive compulsive disorders ocd and related disorders who need the most current information available will find this volume of great use obsessive compulsive disorder subtypes and spectrum conditions covers contemporary theory research and treatment of the various subtypes of ocd and problems often referred to as ocd spectrum disorders as the mental health field considers the next iteration of the dsm an entire research agenda is being planned to elucidate issues such as how best to understand and classify ocd the questions of subtypes and spectrum disorders are at the heart of this issue and will guide how ocd is conceptualized in dsm v this volume dedicated to such diagnostic theoretical and treatment issues helps informs the field of the most up to date knowledge and what remains to be resolved deconstructs ocd into its subtypes reviews current research and treatment for these problems considers how ocd will be conceptualized in dsm v represents an international scope with contributions from field experts in psychology psychiatry and social work includes critical discussion of the ocd subtype and ocd spectrum concepts

Obsessive-Compulsive Disorder 2009 previously considered a rare condition among children and adolescents recent research on obsessive compulsive disorder ocd has indicated an increased prevalence among this age group insofar as it is now considered one of the most common of all psychiatric illnesses affecting youth handbook of child and adolescent obsessive compulsive disorder

Obsessive-Compulsive Disorder: Subtypes and Spectrum Conditions 2011-04-28 recent advances in the diagnosis and treatment of obsessive compulsive disorder have come from breakthroughs in neurobiologic and cognitive behavioral studies essential papers on obsessive compulsive disorder represents the most significant thinkers and the various strands of thought on obsessive compulsive disorder divided into three sections focusing on classical psychoanalysis psychological research and neuro psychiatric approaches this definitive volume includes contributions by the most experienced and renowned experts on the subject contributors include sigmund freud karl abraham ernest jones anna freud paul e sifneos leonard salzman joseph sandler and anandi hazari lewis l judd heinz hartmann stanley rachman ray hodgson and isaac m marks paul m salkovskis paul schilder steven p wise and judith l rapoport joseph zohar and thomas r insel michael a jenike susan e swedo henrietta leonard lewis r baxter jeffrey m schwartz kenneth s bergman dan stein and eric hollander

Handbook of Child and Adolescent Obsessive-Compulsive Disorder 2007-01-29 one of a series designed to provide easily assimilable information on common medical issues the concise texts are enhanced by tables and diagrams summarizing the essential information this volume deals with obsessive compulsive disorder covering epidemiology drug treatment and more

Essential Papers on Obsessive-Compulsive Disorder 1997-02-01 obsessive compulsive disorder is now recognized to be a serious and chronic illness affecting more than 2 of the population while the last decade of the twentieth century witnessed many advances on both the pharmacological and the behavioral fronts fewer than 50 of cases benefitted significantly from treatments available at the time in this volume originally published in 2000 leading authorities offer a comprehensive cutting edge overview of etiology diagnosis assessment and the latest cognitive behavioral biological and combined approaches to intervention a special focus is treatment resistant illness obsessive compulsive disorder contemporary issues in treatment will be an indispensable resource for all professionals who seek better solutions to the often seemingly intractable problems of their ocd clients

Obsessive Compulsive Disorder: pocketbook 1999-09-03 when you have obsessive compulsive disorder ocd it can feel like your own mind is at war with itself instead of having productive and positive thoughts you rehash the same worries and fears over and over again until they become unbearable did you really remember to lock the front door what if you were to hit someone while driving your car you may find yourself engaging in exhaustive rituals to keep

these thoughts at bay but soon the doubts come back with a vengeance coping with ocd offers a simple and engaging program that can help anyone with mild to moderate ocd get started on the road to recovery this book begins with a crash course on what ocd is and what it is not you ll learn a proven three part program for recovery that uses safe and gradual exposure to distressing thoughts and situations mindfulness practice and techniques to restructure thinking additional chapters address how families can help dealing with shame and blame depression and maintaining progress the book also includes a helpful list of resources for further reading and additional support

Obsessive-Compulsive Disorder 2017-08-25 obsessive compulsive disorder is a disabling and distressing mental health problem this accessible introduction examines ocd s causes symptoms diagnosis and treatment and is richly illustrated with case studies making it engaging reading for anyone wishing to understand this complex mental health problem

Coping with OCD 2008-06-01

Obsessive Compulsive Disorder 2014-07-23

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